

STUDIO CHARLI dance fitness

TIMETABLE 2024

Monday			Tuesday			Wednesday	
studio 1	studio 2	studio 3	studio 1	studio 2	studio 3	studio 1	studio 2
9:30am DanceBody	9:30am READY SET ACRO		9:15am ZUMBA	9:30am READY SET BALLET		9:30am DanceBody	
	10:15am READY SET DANCE		10:15am O M G			10:30am Adults Ballet	10:15am READY SET DANCE
4pm Jazz (6 - 8 years)	4pm Contemporary (9 - 12 years)		4:15pm Contemporary (13 years upwards)	4pm Jazz Ballet Cheer (5 - 6 years)		4pm Acro (5 - 8 years)	
5pm Jazz (13 years upwards)	5pm Hip Hop (8 - 11 years)	5pm Encore Theatre Dance (5 years upwards)	5:15pm Ballet (12 years upwards)	5:15pm Broadway Heels		5pm Contemporary (15 years upwards)	5pm Tap (5 - 7 years)
6:30pm ZUMBA	6:15pm Hip Hop (13 years +)		6:15pm Ballet Advanced (15 years upwards)	6:15pm Ballet Pre Pointe Foundations		6:30pm POP HITS WORKOUT	6:15pm Tap Seniors
7:30pm Jazz Advanced (15 years upwards)			7:30pm Adults Jazz Class	6:30pm Private lesson			7pm Private Lesson



Adult's Fitness
Classes



Adult's Dance
Classes



Kid's Dance
Classes

STUDIO CHARLI dance fitness TIMETABLE 2024

Thursday		Friday		Saturday			Sunday	
studio 1	studio 2	studio 1	studio 2	studio 1	studio 2	studio 3	studio 1	studio 2
9:15am SCULPT Lite	9:15am READY SET ACRO	9:30am ZUMBA GOLD	9:30am READY SET ACRO	9am ZUMBA	9:15am Tap (8 - 12 years)		9:30am Adults Ballet	Private Hire
10am ZUMBA		9:30am GET LOW (First Friday of every month)	10:15am READY SET DANCE	10am Jazz (7 - 9 years)	10am Ballet (5 - 7 years)	10am READY SET ACRO		
11:15am Adults Ballet		10:30am DanceBody/ Barre		11am Acro (8 - 12 years)	11am READY SET DANCE			
4pm Jazz (9 - 11 years)	4pm Hip Hop (5 - 8 years)	4pm Private Lessons		12noon Performance Group (All ages)	12noon Performance Group (All ages)		2pm Once a month DJ DANCE DISCO	
5pm Ballet (9 - 11 years)	5pm Ballet (7 - 9 years)	5pm Private Lessons		1:30pm Advanced Jazz & Ballet (15 years upwards)				
6:30pm SCULPT		6:30pm Adults Hip Hop						
7:30pm Adults Lyrical Class								



Adult's Fitness
Classes



80's
AEROBICS
1st Saturday
of every
month! 9AM



Adult's Dance
Classes



Kid's Dance
Classes